

みなさん、こんにちは！とうとう秋本番、食欲の秋、読書の秋、スポーツの秋ですね！今回はスポーツの秋にちなんで運動会特集を行います！

## 運動会の歴史

日本で運動会が行われ始めたのは明治時代。海外にも運動会はありますが、日本の運動会は独自に発展し現在の形となりました。その理由は、富国強兵。明治政府が掲げていたスローガンです。運動会には子供たちの発育を促す目的だけでなく、統率力のある軍隊を作る目的があったのです。

この歴史を聞くと、戦争というマイナスイメージを強く感じてしまいますが、同じ組の皆で協力して作り上げる運動会は、組の団結力が高めることができたり、お互いを分かち合えるのは良いことですよね！近年では他の国から、日本のような運動会を行う援助をしてほしいという声が日本に届いているようですよ！日本の運動会が世界に広がるといいですね♪

## 英語で言ってみよう！



リレー



二人三脚



かけっこ



障害物競争



パンくい競争



玉入れ

いかがでしたか？秋も英語も楽しみましょう♪

Hi everyone! Autumn is on its way, and it's a good season for eating, reading, and sports! This edition of ES News is about autumn sports and sports festivals!

## The History of Sports Festivals

Sports festivals were first held in Japan during the Meiji period. Even though there are sports festivals in other countries, those in Japan have developed in their own way to become what they are today. The reason for that is the slogan the Meiji government had: 'national prosperity and defense'. Sports festivals not only helped children grow strong but also helped the military by fostering leadership.

When we hear this history, that sports festivals helped to prepare for war, we tend to get a negative impression of sports festivals. However, today's sports festivals in which everyone cooperates together are positive events because each team can strengthen the unity of their group and understand each other. These days, other countries even ask for support from Japan to have sports festivals like Japanese ones! It would be great if Japanese-style sports festivals become popular around the world.

## Let's try to say these activities in English!



relay race



three-legged race



race



obstacle course



bun-eating race



ball-toss game

How did you do? Let's enjoy autumn and have fun learning English! ♪